

SIGNATURE LUNCH

CLASSIC

Nova Lox* on a Plain Bagel	510 Cal	9.85
Turkey, Bacon & Avocado on Toasted Ciabatta	600 Cal	9.25
Tasty Turkey on an Asiago Bagel	530 Cal	9.10
Avocado Veg Out 🌱🌱 on a Sesame Bagel	400 Cal	8.65

HOT & TOASTY

Albuquerque Turkey on Six Cheese Gourmet Bagel	710 Cal	9.45
Pepperoni Chicken on Toasted Ciabatta	650 Cal	9.00
Spicy Chicken on Toasted Ciabatta	610 Cal	9.00
Cheesy Veggie Melt 🌱 on Toasted Ciabatta	620 Cal	8.55

PIZZA BAGEL

Cheese 🌱 on Plain	480 Cal	7.65
Pepperoni on Plain	570 Cal	8.30

DELI SELECT

Served on your choice of Bagel, Toasted Ciabatta or Flour Tortilla

Turkey & Cheddar	510-600 Cal	8.30
Ham & Swiss	500-590 Cal	8.30
Chicken Salad	440-530 Cal	8.55

*COLD SMOKED SALMON IS NOT COOKED. CONSUMING RAW OR UNDERCOOKED SEAFOOD MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.
2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.

🌱 CONTAINS SESAME 🌱 VEGETARIAN

REEL IN A CLASSIC



NOVA LOX*

Red Onions, Capers, Tomato, Plain Shmear on a Plain Bagel

520 Cal

*Cold smoked salmon is not cooked. Consuming raw or undercooked seafood may increase your risk of foodborne illness, especially if you have certain medical conditions.